

July 2016



Be part of the...

RiverWood Connection

3 STEPS for SAVING



Assessing



Assigning



Automating

It's Time to Automate Your Savings

Automation makes things easier, so how about using it to save money? While it's not always easy to do, saving money should be one of your prime financial goals, whether it's for a down payment on a house, a large purchase, or an unexpected emergency.

Automation can make saving a simple part of managing your money. [Read full article](#)

Quarterly Quote

I'd rather attempt to do something great and fail than to attempt to do nothing and succeed.

Robert H. Schuller



[Click Here for Upcoming Events!](#)

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7 Tips to Help Older Adults Choose the Right Caregiver

Almost 90 percent of the financial abuse committed against older Americans are at the hands of someone they know and trust. [Here are 7 tips to help prevent elder financial abuse.](#)

RiverWood Community Spotlight



Work on New Baxter RiverWood Bank Begins!

Groundbreaking took place on May 10th to demolish the Bonanza Restaurant and make way for the new RiverWood Bank building! Also housed in the building will be Stonehouse Coffee and Roastery. [Learn More about the new branch.](#)



Among the crew at the new Baxter branch groundbreaking were Bruce Kennedy, Baxter Branch President, Jaime Rowlette, Mortgage Lender, Bart Taylor, Regional President and Paul Means, Chairman.



Brat Picnic Fundraiser

Thanks to all who participated in the Annual Brat Picnic and RiverWood Bake Sale. Your support helped raise over \$1000 to benefit the Bemidji Area United Way!

50 Plus Club Summer Event Success!

On June 7th, Renae & Sheryl hosted a 50 Plus Club Potluck at the East Side Park in Morris. Good food, awesome weather, and a nice social time was had by all. About 20 members attended the event.

The Annual 50 Plus Club Potluck in Monticello on June 16th had a record 50 attendees! There was great food and a wonderful talk by Jim Lawrence on the history of the Monticello Swan.



Congratulations to Emily Langager, our 2016 RiverWood Bank candidate, for being crowned Big Lake Ambassador! Great Job Emily!

Welcome New Members of the RiverWood Team!

- **Maria Egger**, Teller, Bemidji
- **Bobbi Jo Ennis**, Teller, Monticello
- **Deena Grider**, Teller, Monticello
- **Jeanette Major**, Teller, Baudette
- **Lindsey Marcyes**, Teller, Bemidji
- **Jessica Rosonke**, Teller, Morris

RIVERWOOD RECIPES

Red Quinoa Chipotle Lime Salad Susie Lande Personal Banker ▪ Crosslake

Ingredients:

1 lb. Red Quinoa
3 tbsp. Chipotle in adobo sauce (use sauce only, add chipotle for more heat)
1 quart of water
6 tbsp. Lime Juice, freshly squeezed
3/4 cup Extra virgin olive oil
2 tbsp. Sugar (adjust to taste)
1-1/2 bunches of Scallions, diced, green parts only
1 bunch of Cilantro, freshly chopped
1-1/2 cups Roasted Corn
3 Roma Tomatoes, diced
3 Avocados, diced, firm works best
1 lime, juice to coat avocado

1. Bring 1 quart of water to a boil, stir in Red Quinoa. Reduce to a simmer and cover for about 15 minutes, or until liquid is gone. Cool quickly.
2. Slowly whisk olive oil into lime juice and adobo sauce until blended. Adjust flavor with sugar & salt if desired.
3. Add chipotle lime dressing to Quinoa and mix well
4. Dice avocado -coat with lime juice to prevent browning.
5. Gently stir in remaining ingredients and mix well. Chill before serving.

*Serve in a wrap, or as stuffed bell peppers or tomatoes. Add grilled chicken or shrimp if desired.

Grilled Cheeseburger Dogs Nancy Laughton Commercial Loan Asst ▪ Baxter

Take stick cheese (cheddar, mozzarella, pepperjack) and roll hamburger around it until all covered.
Season hamburger to your liking.
Grill slowly until the burger is done.
Serve on a hotdog bun using your favorite condiments.

Chicken Salad Lisa Peterson Teller ▪ Baxter

Ingredients:

1 lb. shredded coleslaw
2 packages Ramen noodles - chicken flavored,
crushed 3 Chicken Breasts (cooked) cut into chunks
1/2 chopped onion (optional)
1 cup almonds or cashews

Dressing:

1/2 cup sugar
1/3 cup apple cider vinegar
1/4 cup olive oil
2 packs Ramen seasoning

Upcoming Event Schedule

Big Lake

Music In the Park - Georgia Clay

Take in great music & food prepared by RiverWood volunteers at the Legacy Grille.

August 18th: 7pm-8:30pm

Lakeside Park, Big Lake

Crosslake

Customer Appreciation Day

Stop in to enjoy cookies & punch

August 1st: All Day

Crosslake Branch

Crosslake Days Annual Chili Cook-off

Come try Regional President, Bart Taylor's award winning chili!

September 24th: 12pm

Crosslake

Monticello

Monticello Block Party

Come enjoy Games, Prizes, Food, Live Music

Look for the RiverWood Booth with Free Balloons

July 13th: 4:30-9pm

Downtown Monticello

Upcoming Seminars

Big Lake

Retirement Planning - Educational Seminar

Sandwiches & Refreshments Provided

RSVP by July 15th - Jason @ 763-271-1452

July 20th: 6-7pm

Event held at Monticello Community Center - Boom Island Room

Monticello

Retirement Planning - Educational Seminar

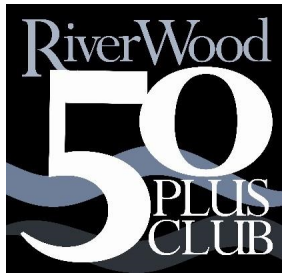
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50 Plus Club Event Schedule

Click on 50 Plus Club Newsletter links below for details:

[Baudette 50 Plus Club](#)

[Baxter/Crosslake 50 Plus Club](#)

[Bemidji/Bagley 50 Plus Club](#)

[Monticello/Big Lake 50 Plus Club](#)

[Morris/Benson 50 Plus Club](#)

Upcoming Holiday Schedule

September 5th ▪ Labor Day - All Offices Closed

[RiverWood Bank Locations & Hours](#)

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