



# Debt Management

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PARTICIPANT'S GUIDE

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## My Debt-to-Income Ratio

Debt-to-Income (DTI) Ratio = monthly debt divided by gross monthly income (income before taxes)

My Debt-to-Income Ratio:

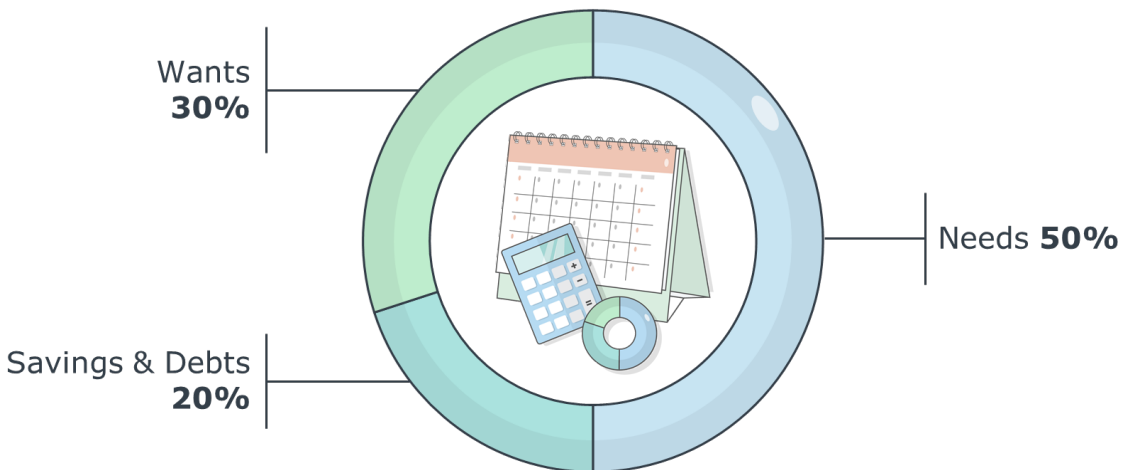
$$\frac{\text{monthly debt}}{\text{monthly gross income}} = \text{DTI} \quad \text{or} \quad \text{\%}$$

<b>Financial Athlete</b>	Less than 30%
<b>Fit</b>	31–36%
<b>Borderline</b>	37–40%
<b>Unhealthy</b>	More than 40%

My financial health is:

\_\_\_\_\_

## The 50/30/20 Budgeting Rule



## Calculating Percentage Spent

Percentage spent on “needs”		Percentage spent on “wants”	

## My Financial Health Worksheet

My gross monthly income (income before taxes): \$ \_\_\_\_\_

### Debt Breakdown

	Minimum Monthly Payment	Total Balance	Interest Rates/ Annual Percentage Rate (APR)
Mortgage Debt			
Student Loan Debt			
Car Loans			
Credit Card Debt (list these here)			
<b>TOTALS:</b>			

